



# Triton's Call



## NASJAX SCUBA DIVING CLUB

[www.nasjaxscubadivers.org](http://www.nasjaxscubadivers.org)

June 2023



Picture from Willy L.'s cave dive report

### President's Comments - Kathy Lawler

This is a personal experience that I had with DAN insurance. I called medical assistance phone # to ask their opinion on how soon I could return to scuba diving after surgery. The DAN medical rep said that everyone's fitness for diving would be different due to healing & physical abilities. The rep gave me 3 questions to ask my doctor following surgery.

1. Would dry forced air irritate or impede healing?
2. When would it be ok to be exposed to pathogens found in diving environs?
3. What time could a patient return to full contact sports? 😊

Then she recommended a dive fitness physical with dive medicine specialist in my area. This was also recommended for all our retirees and seniors! Shared below is the list of Doctors from DAN.



Thank you for contacting Divers Alert Network.

For your convenience, we have listed the referral information you requested below.

Name: Victor A Maquera  
Speciality:Neurology  
Country: US  
City: Orange Park  
State: FL  
Postal Code: 32073  
Phone: [+1-904-276-1663](tel:+1-904-276-1663)

Name: Karen Fleck  
Speciality:Emergency Medicine, Family Practice, Hyperbaric Medicine  
Country: US  
City: Jacksonville  
State: FL  
Postal Code: 32207  
Phone: [+1-904-202-1151](tel:+1-904-202-1151)

Name: Andrea Gabrielli  
Speciality:Anesthesiology, Hyperbaric Medicine  
Country: US  
City: Gainesville  
State: FL  
Postal Code: 32610  
Phone: [+1-352-265-0425](tel:+1-352-265-0425)

☺,  
*Kathy*

**Vice President- vacant**

**Secretary-Carol Hughes**

**\*I will be unavailable all of July & early Aug., so I will not be able to create July's newsletter. Any volunteers out there??? I can send you the newsletter template & then you copy/paste info into it. Please let me know by June 29<sup>th</sup> so I can send it to you. ☺**

\*\*\*PLEASE send information-dive reports, etc. for the newsletter either by email message, an editable PDF, a Word or Google document to me by the 1<sup>st</sup> week of each month.  
([clhughes287@gmail.com](mailto:clhughes287@gmail.com))

Let's get out there...**Dive, Dive, Dive!!**



Thanks,

*Carol*

**Treasurer-Venessa Wood**

Our club bank account balance is \$831.70.

**Safety Officer-Mitch Maxson**

<https://www.miamiherald.com/news/state/florida/article275739561.html>

<https://www.cnn.com/2023/05/21/us/florida-keys-shark-bite-trnd/index.html>

<https://www.newsnationnow.com/us-news/southeast/sharks-bite-two-swimmers-in-florida-keys-in-two-days/>

**Webmaster - Sharon Green**

Website Traffic:

-63 Unique visits

-216 page views

**Dive Reports:**

Dive report from Bill (Willy) Levine: did a bunch of cave dives off Suwannee River. "Bunch of rock, no fish, not much current. No tides, no surf, no sun, no crowds, no common sense, etc. Dark, dark, and more dark except for lights. I think it rained once but I wouldn't know.

Unbeknownst to me, buddy had GoPro on one of the dives. If I had known he was pointing a camera at me, I would have done something incredibly stupid, even more so than usual.”  
Take care,

Willy



### ***Interesting Dive Articles:***

Shark Week: [https://www.youtube.com/watch?v=XB\\_Wq5nHReg](https://www.youtube.com/watch?v=XB_Wq5nHReg)

### **Dive Club Members/Guests attending the June meeting:**

Sharon & Rich Green, Venessa Wood, Kathy Lawler & Mitch Maxson, Marshall Gross, Billy Schofield, Ken Koteles, and Beau Worsham.

**July 12th, 2023 Meeting**  
**At 7:00**

Casa Amigos Mexican Bar & Grill

11112 San Jose Blvd. Ste. 23

(Near Mandarin Ale House & I-295)

We will meet in the back room.

It is cool in there, may want a jacket. 😊

## **NASJAX SCUBA CLUB EXECUTIVE BOARD**

**President - Kathy Lawler**

**Vice President-vacant**

**Secretary - Carol Hughes**

**Treasurer - Venessa Wood**

**Web Master - Sharon Green**

**Safety Officer - Mitch Maxson**